



Clam Chowder (Manhattan) (645)
03/26/2019

Nutrition Facts	
Serving Size 1 cup (235g)	
Servings Per Container 22	
Amount Per Serving	
Calories 80	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 800mg	33%
Total Carbohydrate 12g	4%
Dietary Fiber 2g	8%
Sugars 5g	
Protein 4g	
Vitamin A 40%	• Vitamin C 70%
Calcium 6%	• Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Order Number: C590645

INGREDIENTS: WATER, DICED POTATO (Potatoes, Sodium Acid Pyrophosphate [to retain color]), TOMATO DICED (Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid [as required]), CHOPPED CLAMS (Ocean Clams, Ocean Clam Juice, Sodium Tripolyphosphate[to retain natural juices],Salt, Calcium Disodium EDTA [to protect color]), TOMATO JUICE (Tomato Juice from Concentrate (Water, Tomato Concentrate), Salt, Vitamin C(ascorbic acid).), CARROTS, CELERY, ONIONS, GREEN PEPPERS, TOMATO PASTE, CLAM BASE (Clams and Clam Juice [clams, clam juice, water], Salt, Sugar, Maltodextrin, 2% or Less of Yeast Extract, Disodium Inosinate, Disodium Guanylate, Onion Powder, Potato Starch, Corn Oil, Clam Extract, Succinic Acid, Natural Flavors), CANOLA OIL, SUGAR, WORCESTERSHIRE SAUCE (Organic Vinegar, Organic Wheat-Free Tamari Soy Sauce [water, organic soybeans and salt], Organic Evaporated Cane Juice, Salt and Organic Spices), BASIL, PARSLEY, TABASCO SAUCE (Distilled Vinegar, Red Pepper, Salt), BLACK PEPPER
ALLERGEN: Contains Soy, Crustacean Shellfish. Manufactured on equipment that processes products containing Soy, Eggs, Milk, Wheat, Fish and Crustacean Shellfish.